

MACHO BAR

Regardless of your age or gender,
everyone has a sense of machoism about them,
even if their body isn't macho.
Here we support that machoness within you.

That is



!!!

To support the performance of your
body that you have worked hard to make through
Tireless training.

¥980 Will be charged as
entrance fee per person.



To accommodate everyone, We kindly request that each table
be enjoyed for a maximum of 80 minutes
on peak hours, there will be no limit for off-peak hours.

We have a generous macho menu Waiting just for you!



基本的には筋肉が損傷しないよう、過度な接触や写真
等はおやめくださいますようお願いいたします。
各マッチョご相談ください。



MACHO Voice

When the macho's muscles are trembling,
when you want them to put in more effort,
when everyone around is getting excited,
or when they're trying hard,
Suddenly shout out. It will be fun.

You are sharp!

It's big!
Big calf!

Nice cut!!

Yes!
Zudooooon!

Refrigerator!

There are wings
Growing in your back
On your back!

Sing more,
Trapezius
Muscle!

Carry
The peivis!

Melons are
Happening!
On your shoulders!

Ahhhhh
It's here

Beautiful!

Finished!

Let me climb
On your biceps!

The foundation is
Different,
The foundation!

I love you!!
I love you !!

The bow tie
Is cute!

The polo shirt
Suits you!



MACHO Drink

Freshly squeezed cocktail

Cocktails with freshly squeezed fruit.
The fruits are squeezed right up until
the very last drop.

Orange



ALL
¥1200

Cassis Orange

(Blackcurrant + freshly squeezed macho orange)
(カシス+生っちょ搾りオレンジ)

Fuzzy Navel

(Peach + freshly squeezed macho orange)
(ピーチ+生っちょ搾りオレンジ)

Campari Orange

(Campari + freshly squeezed macho orange)
(ビーチ+生っちょ搾りオレンジ)

Orange Blossom

(Gin + freshly squeezed macho orange)
(カンパリ+生っちょ搾りオレンジ)

Screwdriver

(Vodka + freshly squeezed macho orange)
(ウォッカ+生っちょ搾りオレンジ)

Melon Ball

(melon + vodka+ freshly squeezed macho orange)
(メロン+ウォッカ+生っちょ搾りオレンジ)

Raspberry Orange

(Framboise raspberry + freshly squeezed macho orange)
(フランボワーズ+生っちょ搾りオレンジ)

Passimo orange

(Passimo + freshly squeezed macho orange)
(パッシモ+生っちょ搾りオレンジ)

Apricot Orange

(Apricot + freshly squeezed macho orange)
(アプリコット+生っちょ搾りオレンジ)

Yogurito Orange

(Yogurito + freshly squeezed macho orange)
(ヨーグルト+生っちょ搾りオレンジ)

Mangoyan Orange

(Mangoyan + freshly squeezed macho orange)
(マンゴヤン+生っちょ搾りオレンジ)

Jager Orange

(Jager+ freshly squeezed macho orange)
(イエガー+生っちょ搾りオレンジ)

Kahlua Orange

(Kahlua+ freshly squeezed macho orange)
(カルーア+生っちょ搾りオレンジ)

Coconut orange

(Coconut + freshly squeezed macho orange)
(ココナッツ+生っちょ搾りオレンジ)

Lychee Orange

(Lychee + freshly squeezed macho orange)
(ライチ+生っちょ搾りオレンジ)

Changuirongo

(Tequila + freshly squeezed macho orange)
(テキーラ+生っちょ搾りオレンジ)



Grapefruit



Cassis Grapefruit

(Blackcurrant + freshly squeezed macho grapefruit)
(カシス+生っちょ搾りグレープフルーツ)

Campari Grapefruit

(Campari + freshly squeezed macho grapefruit)
(カンパリ+生っちょ搾りグレープフルーツ)

Lychee Grapefruit

(Lychee + freshly squeezed macho grapefruit)
(ライチ+生っちょ搾りグレープフルーツ)

China Blue

(Lychee + blue curacao + freshly squeezed macho grapefruit)
(ライチ+ブルーキュラソー+生っちょ搾りグレープフルーツ)

Passimo Grapefruit

(Passimo + freshly squeezed macho grapefruit)
(パッシモ+生っちょ搾りグレープフルーツ)

Raspberry and grapefruit

(Framboise raspberry + freshly squeezed macho grapefruit)
(フランボワーズ+生っちょ搾りグレープフルーツ)

Coconut and grapefruit

(Coconut + freshly squeezed macho grapefruit)
(ココナッツ+生っちょ搾りグレープフルーツ)

Salty Dog

(Vodka + freshly squeezed macho grapefruit)
(ウォッカ+生っちょ搾りグレープフルーツ)

Paloma

(Vodka + tonic water + freshly squeezed macho grapefruit)
(テキーラ+トニックウォーター+生っちょ搾りグレープフルーツ)

Spumoni

(Campari + tonic water + freshly squeezed macho grapefruit)
(カンパリ+トニックウォーター+生っちょ搾りグレープフルーツ)

Pineapple



Sex on the Beach

(Raspberry + melon + vodka + pineapple)
(ラズベリー+メロン+ウォッカ+パイナップル)

Yogurt Pineapple

(Yogurt + pineapple)
(ヨーグルト+パイナップル)

Malibu Pineapple

(Coconut + pineapple)
(ココナッツ+パイナップル)

Italian Surfer

(Coconut + amaretto + pineapple)
(ココナッツ+アマレット+パイナップル)

Peach Pineapple

(Peach + pineapple)
(ピーチ+パイナップル)

Cassis Pineapple

(Blackcurrant + pineapple)
(カシス+パイナップル)

Lychee Pineapple

(Lychee + pineapple)
(ライチ+パイナップル)

MACHO Drinks

Macho fresh cream cocktails

Cocktails made using macho fresh cream.

Shaken with such strength, you'd think it's training.

ALL

¥ 980

● Nieve Mexicana

ニエベ ・ メヒカーナ

(Kahlua + milk + macho fresh cream)
(カルーア+ミルク+生ちょクリーム)

● Cowboy

カウボーイ

(Whiskey + milk + macho fresh cream)
(ウイスキー+ミルク+生ちょクリーム)

● Grasshopper

グラス ・ ホッパー

(Mint + cocoa + macho fresh cream)
(ミント+カカオ+生ちょクリーム)

● Peach Bunny

ピーチ ・ バニー

(Peach + cocoa + macho fresh cream)
(ピーチ+カカオ+生ちょクリーム)

● Princess Mary

プリンセス ・ メアリー

(Gin + cocoa + macho fresh cream)
(ジン+カカオ+生ちょクリーム)

● Panama

パナマ

(Rum + cocoa + macho fresh cream)
(ラム+カカオ+生ちょクリーム)

● Alexander

アレキサンダー

(Brandy + cocoa + macho fresh cream)
(ブランデー+カカオ+生ちょクリーム)

● Ginza Street

ギンザ ・ ストリート

(Sake + cocoa + macho fresh cream)
(日本酒+カカオ+生ちょクリーム)

● Barbara

バーバラ

(Vodka + cocoa + macho fresh cream)
(ウォッカ+カカオ+生ちょクリーム)

● Sweet Maria

スイート・マリア

(Sake + amaretto + macho fresh cream)
(ウォッカ+アマレット+生ちょクリーム)

● Papagena

パパゲーナ

(Mozart + brandy + macho fresh cream)
(モーツァルト+ブランデー+生ちょクリーム)

● Gatsby

ギャツビー

(Amaretto + cocoa + macho fresh cream)

● Yellow fingers

イエローフィンガーズ

(Gin + strawberry + banana + fresh cream)
(ジン+ストロベリー+バナナ+生ちょクリーム)



Plum macho

梅マッチョ

Plum wine. So much strength is put into making it,
that the popular mason jars are tough to open

Feel free to choose a pose you like and have him open it for you.

(On the rocks, with water, with soda)

(ロック・水割り・ソーダ割り)

¥ 980



MACHO Drinks

Shot ショット



- Jäger
イエーガー
- Tequila
テキーラ
- Vodka
ウオッカ

ALL
¥ 580

Other

その他カクテル

- Highball
ハイボール
- Gin Tonic
ジントニック
- Lemon Sour
レモンサワー
- Jäger Cola
イエーガー・コーラ
- Jäger Ginger
イエーガー・ジンジャー
- Shochu(Water/Oolong)
焼酎(水・ウーロン)
- Shandy Gaff
シャンディガフ
- Malibu Cola
マリブコーラ

ALL
¥ 980



Soft macho

ソフトマッちょ

Even non-alcoholic drinks are generally high in calories with Macho.

- Fresh Orange Juice
フレッシュオレンジジュース
- Fresh Grapefruit Juice
フレッシュグレープフルーツジュース
- Fresh Pineapple Juice
フレッシュパイナップルジュース

ALL
¥ 880



- Oolong Tea
ウーロン茶
- Cola
コーラ
- Ginger Ale
ジンジャーエール
- Various types of protein
(fruit au lait, chocolate, strawberry)
プロテイン各種(フルーツオレ、チョコ、いちご)

ALL
¥ 700

MACHO Drinks

A drink that can only be made by macho for macho.

I'm glad there was a macho; if there wasn't,

I wonder what I would be drinking now...



Fresh macho beer

生マッチョビール

Draft beer.

They can pour it well even while wearing some tough training equipment.

¥ 980



Bottle macho

瓶マッチョ

Beer from around the world and local Japanese beer.

Have them open it with force together with music suited to each beer.

ALL
¥ 980



Belgian beer Hoegaarden



Mexican beer Corona



Dutch beer Heineken



American beer Budweiser



Irish stout Guinness



From the American west coast Sky Blue

Foam macho

泡マッチョ

The most popular items on the menu here.

Even the toughest of corks can be easily removed with music and posing.

The machos will put their all into it.

- | | |
|--|----------|
| ● Gancia asti spumante(sweet)(half)
ガンチア・アスティ・スプマンテ(甘)《ハーフ》 | ¥4,000 |
| ● Freixenet X(Dry)《Half-sized》
フレシネ・エックス(辛)《ハーフ》 | ¥4,000 |
| ● Gancia asti spumante(sweet)
ガンチア・アスティ・スプマンテ(甘) | ¥7,000 |
| ● Freixenet X(Dry)
フレシネ・エックス(辛) | ¥7,000 |
| ● Pompa D' or(Various flavors)
ボンパドール(各種フレーバー) | ¥7,000 |
| ● Chandon Brut
シャンドン・ブリュット | ¥9,000 |
| ● Moet & Chandon
モエ・エ・シャンドン | ¥18,000 |
| ● Veuve Clicquot
ヴーヴ・クリコ | ¥22,000 |
| ● Dom Perignon
ドン・ペリニオン | ¥100,000 |



No Music
No Macho!



MACHO Food

Macho keep each and every muscle in mind
as we delicately prepare the food.

マッチョがひとつひとつの筋肉を意識しながら繊細に作り上げています。

Speed Menu スピードメニュー



Banana chips

バナナチップス

The diet starts... tomorrow.

¥ 380



Olive assortment

オリーブの盛り合わせ

Olives help improve
your intestinal health.

¥ 480



Giant corn

ジャイアントコーン

Black pepper is recommended to
accent it.

¥ 480



Pocky

ポッキー

Nutrition for the mind.

¥ 580



Another serving
of peanuts

落花生のおかわり

Crushed

¥ 280



Beef jerky

ビーフジャーキー

Nice and strong! Squeezing the
lemon nice and strongly, too.

¥ 780

MACHO Food

Macho keep each and every muscle in mind
as we delicately prepare the food.

マッチョがひとつひとつの筋肉を意識しながら繊細に作り上げています。

Year-round body fat percentage menu

年間通した体脂肪率メニュー



Macho Nuggets

マッチョナゲット

This is the #1 food Macho wants to eat while losing weight, and it is calorie-free.

¥ 880



Macho Fried Potatoes

マッチョフライポテト

It is made in a non-fryer machine, So it is practically calorie-free.

¥ 880



Cheese Potato Fries

チーズポテト

It loos like it has calories since it is made in a non-fryer, it has zero calories.

¥ 880



From Spain スペイン産

Pork biceps femoris,
semimembranosus,
and semitendinosus
(all thigh muscles)

豚大腿二頭筋上U半膜様筋、半腱様筋

Errm... it's dry-cured ham

¥ 780



Cheese assortment

チーズの盛り合わせ

It's a party of protein and calcium.

¥ 880



Dry fruit

ドライフルーツ

Excellent antioxidant effects, making your skin firmer!

¥ 780

MACHO Specials

More protein leads to better performance.
(Part of the sales will be the funds for gym and protein for machos work here)



Additional wedding carry

A second helping of the wedding carry.
Lift up the outer leg for a wonderful view.

¥ 0

¥ 700

Double bicep kabedon (slamming your hand against the wall)

Kabezudon, a full impact, stronger version of
kabedon (slamming your hand against the wall).



Muscle stress experience

Taste the spirit of the barbell.

¥ 900

¥ 2000

Macho polaroid

Polaroid, the macho, and me



End of the tank top

Break down your worries and
insecurities and say hello to a new you

¥ 1400

¥ 980

Macho Drink

Feel free to encourage him show
more. See how he reacts by feeding
him protein.



Relaxing the muscle fibers & group photo with all macho

All of the machos gather around you
and relieve you of the pressure of the
fibers of the uniform that envelops you.

¥ 5000

¥ 30000

Traveling macho

The view of the town from a wedding
carry is something truly special.

